

# Goals & Gains





904-630-3810 | JaxHA.org | 🛈 🕏 🕠



#### ONE AGENCY

#### **ONE COMMUNITY**

#### **ONE MISSION**



WE ARE HIRING!

## **SANTA & MRS.** CLAUS VISITED JHA

Santa was busy making his list and checking it twice and he discovered all the boys and girls were NICE!

Jacksonville Housing Authority partnered with multiple agencies to make sure all the boys and girls Christmas was merry and bright!



Santa greets children at JHA during a surprise visit.

Apply today on our website www.jaxha.org

A special thanks to the senior staff members of the JHA who raised over \$1300.00 to gift 14 bicycles and toys to our deserving families.

# Self-Sufficiency Starts Here Does Your New Year Resolution Include:

Going back to school

New Job

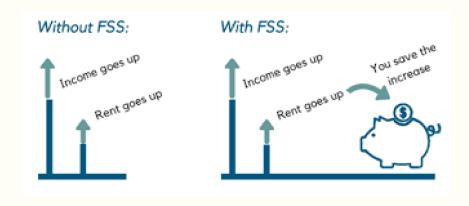
Training

Saving Money

Homeownership



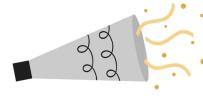
If you have any of those goals, apply to be a part of the FSS program today. Reach out to your Resident Services Department at (904) 630-4699.



# HAPPY NEW YEAR!









HVVAXRNRZGOAL SAZ ZZ QC T J OM K X NSL TKC X N OZ KS K Q 0 Z EXAX O Q N CO T D D S S M B C ARK RSP S ER S HQT 0 MS N PENS KRO WER ZN G WBK N G C D В G OWD WR T J H Q Y OP 0 GX RTSX E E B G Q C 0 S E OT N 0



Countdown Confetti Midnight Balloons

QCSHAP

RMQGQX

Celebration Fireworks January Happy

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New Year Clock Cheers Goals

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Party Poppers Noisemaker Resolution Sparklers

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HRRAYRYI

MAKERGF





## January is Mental Wellness Month

8 Areas of
Wellness:
Mental
Physical
Emotional
Spiritual
Social
Personal
Professional

Medical

#### Tips to enhance mental wellness!

- Follow the after-work checklist: Review, Reflect, Regroup, & Re-Energize
- Practice Self-Acceptance
- Put yourself first, Self-care isn't selfish
  - Learn a new skill
  - Be Grateful
  - Eat well
  - Get enough sleep
  - Slow down!
- Ask for help when you need it!

Need to Talk?
National Suicide
Prevention Lifeline
1-800-273-TALK

# **New Faces**

### **IN YOUR COMMUNITY**

JHA is pleased to welcome these new team members to our family. These team members will no doubt improve our customer service to you and your family.



Kevin Monroe Foreman Blodgett Villas



Annazette Taylor Property Manager Hogan Creek & Centennial Townhomes



Ishmael Woods Maintenance Mechanic Blodgett Villas



David Mills Foreman Victory Point



Shanniece Flowers-Daniels
Housing Assistant
Southwind Villas

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Cathy Missick Victory Pointe Property Manager



Elexander Harvey Maintenance Mechanic Hogan Creek



Jessica Mahoney Asst. Property Manager Jax Beach/The Waves



Jason Smith Maintenance Mechanic Colonial Villas



Shcara Jones Housing Clerk Fairway Oaks Apartments



Lonnie Bacon Maintenance Mechanic Anders Forest E &W

## **REAC Inspections**

Your Property Manager will be reaching out to you soon as we prepare for inspections. Remember we need your cooperation to access your unit.

Community Name	Date of Inspection
Brentwood Lake	January 23, 2023
Southwind Villas	January 25, 2023
Centennial Townhomes	January 26, 2023
Forest, Anders & Scattered Sites	January 30, 2023
Twin Towers	February 1, 2023



### GED CLASSES

Every Tuesday & Thursday from 3:00-6:00 at Brentwood Lakes

CENTENNIAL TOWERS

# **BINGO**

Community Clean-Up Day @ The Waves! January 13 at 12:00

Every Monday 3:00-4:00

Monthly Community Meetings! Check with your Property Manager for dates and times in your community/



# The Cooks Corner



## **Best Ever Meatloaf**

#### **Ingredients**

2lbs ground beef
1 can Campbells
Condensed Tomato Soup
1 envelope dry onion recipe
soup
1/2 cup plain dry bread
crumbs
1 egg beaten
1/4 cup of water

**Step 3:** Stir the reserved pan drippings, remaining tomato soup and water in a saucepan and cook over medium heat until hot. Serve the gravy with the meatloaf

#### **Instructions**

**Step 1**: Heat the oven to 350 degrees. While oven is heating season ground beef.

Thoroughly mix the beef 1/2 cup of tomato soup, onion soup mix, bread crumbs and egg in large bowl. Place the mixture into a 13x9x2 inch baking pan and shape into a loaf.

**Step 2:** Bake for 1 hr. 15 mins. or until meatloaf is done. Reserve 2 tbsp. pan drippings.



Jacksonville Housing will be closed on January 16, 2022 in observance of MLK Holiday

